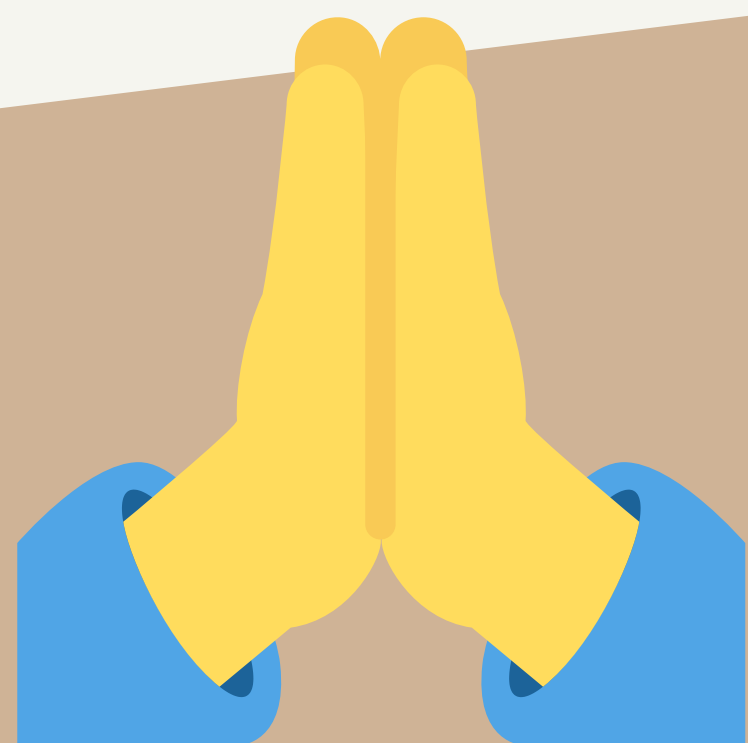


Advent Lutheran Church

Simple Faith Practices

For the Home



Pray with your child before meals and bedtime.

Include a new person/place/thing outside of your family in your prayers each week.

Share your "highs" and "lows" together.

Each day, take time to listen to one another share the best part of your day and the hardest part of your day.



Bless each other.

Blessing people is not just the pastor's job - anyone can do it! Draw a cross on your family member's forehead, and say a blessing like:
"Sara, you are a blessing!"
"Jose, may God bless you and keep you."
"Mommy, may God give you joy and peace."

